

# The Anchor



## *Our Mission:*

*To know God, To love God. To make God known*

Published Monthly by St. Clements Episcopal Church  
Diocese of Northern California

*A Veteran Friendly Congregation*

*Visit us on the web at [saint-clements.com](http://saint-clements.com)*

2376 Zinfandel Dr.

Rancho Cordova, Ca. 95670

March 2019

## *We honor Bishop Barry*

***In Story:*** Send cards, notes, and stories about the way that Bishop Barry has blessed you during his time as a bishop ([communications@norcalepiscopal.org](mailto:communications@norcalepiscopal.org)).

***Photos:*** Send photos of your church, your church's ministries and people, and photos of Bishop Barry ([communications@norcalepiscopal.org](mailto:communications@norcalepiscopal.org)). Photos and notes will be included in a memory book for him.

***A gift:*** The diocese is giving Bishop Barry and Rev. Ann a trip to begin their life in retirement together.

***Celebration:*** We will gather in three different events to honor Bishop Barry. Please save the date - more information available soon.

May 11 St. John's Episcopal Church, Petaluma

June 7 Trinity Cathedral, Sacramento

June 15 All Saints Episcopal Church, Redding

### ***Where are we in the transition to a new bishop?***

We have successfully elected The Rev. Canon Megan Traquair to be the 8th bishop here. We are planning and preparing for her consecration on June 29, 2019, pending consents from across the wider church and subsequent approval from the Presiding Bishop's office. We turn now to honor Bishop Barry and celebrate his episcopate and ministry. This is an important step in this transition process: honoring the past sets in us a heart of gratitude for the ministry and gifts so faithfully given by God to us through Bishop Barry's time in the diocese. By engaging fully in the celebration of Bishop Barry's ministry, we prepare in a healthy way for a new time and a new episcopate in the diocese.

# Senior Warden's Report February 2019

February third was Fr. Kenn's first Sunday back from his paternity leave. Everyone was thrilled to have him back. We also received a wonderful center rug runner which was a gift from the Smith family. Thanks to all!

February tenth was our fifty-seventh annual meeting. There were forty voting members. We asked the congregation to increase the Vestry to nine members, which was approved. Betty Chapman, Ken Dunham and Gaylen Quarles were elected to three-year terms; Lisa Barnett was elected to a two year term and Laura Simkins to a one year term. At the end of next year three will go off the Vestry and will be replaced with three more members elected at the Annual Meeting 2020. Delegates to convention were also elected. Laura Simkins, Sharon Burke-Polana and Chris Wash were voted in as delegates and Jim Wash is the alternate. Thank you to all who participated in this election.

The new Vestry: Debbi Honeycutt, Senior Warden; Gaylen Quarles Junior Warden; Lisa Barnett, La Benesh, Betty Chapman, Ken Dunham, Laura Simkins, Denise Smith, Zoe Boughton-Mitchell and Fr. Kenn gathered in Folsom at Ken Dunham's office for the Vestry Retreat. We started with a meet and greet; breakfast; then started an introduction to get to know who we are and our goals for the coming year. We watched a video on planning for Lent. Then we formed three teams of different projects which you will more out about when we begin Lent. Next, we watched four small videos on different types of worship services and how we could possibly incorporate some new things at a third service. Fr. Kenn and Debbi introduced "Dreams," ideas for the future. Everyone took on some new ideas to research and bring back to the next Vestry meeting. Meetings will be held the first Tuesday of every month starting on March 5, 2019.

We approved items as follows; The floors will be buffed out to take the scratches away in the Safe Harbor Classroom. Leg covers were purchased to put on the chairs to prevent further scratches to the floor. This will be paid for by 4 Paws and the general fund. Improvements' will be made to the entrance parking lot side of the church by Emilito Smith and Gaylen Quarles. Things still on our list: fixing our sound system including organ speakers, audio speakers; hard wire microphones and possible wireless system. Our Website needs to be updated and lighting in our parking lot needs to be improved. As you can see we have a lot of work that needs to be done, and we have a very excited and eager Vestry to take it on.

March 11, and 12, 2019 Lifetouch will be taking the pictures for new Directory. You will be contacted either via email or phone call to remind you of your appointment time. About 15 days after that I will receive the sample Directory for approval. Once Fr. Kenn and I have approved the proof, it will be sent back for printing. It should be about two months after that the new Directory will be completed and distributed.

Debbi Honeycutt, Senior Warden

# Bible Readings

for the month

Revised Common Lectionary Year B

## **Last Sunday after the Epiphany**

March 3, 2019  
Exodus 34:29-35  
Psalm 99  
2 Corinthians 3:12-4:2  
Luke 9:28-36, [37-43a]

## **Ash Wednesday**

March 6, 2109  
Joel 2:1-2,12-17  
or Isaiah 58:1-12  
Psalm 103 or 103:8-14  
2 Corinthians 5:20b-6:10  
Matthew 6:1-6,16-21

## **First Sunday in Lent**

March 10, 2019  
Deuteronomy 26:1-11  
Psalm 91:1-2, 9-16  
Romans 10:8b-13  
Luke 4:1-13

## **Second Sunday in Lent**

March 17, 2019  
Genesis 15:1-12,17-18  
Psalm 27  
Philippians 3:17-4:1  
Luke 13:31-35

## **Third Sunday in Lent**

March 24, 2019  
Exodus 3:1-15  
Psalm 63:1-8  
1 Corinthians 10:1-13  
Luke 13:1-9

## **Fourth Sunday in Lent**

March 31, 2019  
Joshua 5:9-12  
Psalm 32  
2 Corinthians 5:16-21  
Luke 15:1-3, 11b-32

# So, What Do I Do About Lent?

by Marjorie Heineke

Excuse me? Every Episcopalian should be aware of the significance of the Season of Lent. Just as we set aside a time to spiritually prepare for Christmas Day, it makes sense to set aside a time to prepare for the two most important days of the Christian year. Lent is a time to open the doors of our hearts a little wider and understand our Lord a little deeper, so that when Good Friday and eventually Easter comes, they are not just another two days at church, but an opportunity to receive the overflowing of graces God has to offer us. It is the season in which we honor the sacrifice Jesus Christ made for the sins of the whole world.

Unlike the childlike joy associated with the anticipatory season of Advent, with its eager anticipation of the birth of the precious baby Jesus, Lent is an intensely penitential time wherein we examine our sinful natures and return to the God we have, through our own rebelliousness, hurt time and again. Lent is also an opportunity to contemplate what our Lord REALLY DID FOR US on the cross...AND IT WASN'T PRETTY! Ultimately, the purpose of Lent does not stop at sadness and despair. It points us to the hope of the Resurrection "when not only every knee will bow and every tongue confess, but also every tear will be wiped away and death will be no more." (a quote from the Book of Common Prayer)

Although the nature of suffering is not one that offers itself to easy explanations, or pat answers, the answers we seek seem to make the most sense in light of the Cross. There is nothing in the world that offers such a powerful answer to life's toughest questions as the two pillars of wood on which our Savior died. It's the cross that keeps me coming back day after day and year after year. It's this time of year known as Lent wherein I am reminded of what Jesus Christ, my Savior, did for me.

When I look into the eyes of my suffering Lord, I'm in awe of Him. Suddenly the complexity of our Lord, the love of our Lord, the humanity of our Lord shows through! I realize God is not just some nebulous energy source, or a benevolent grandfather sitting up high, in the clouds, gazing down on us. He is so much more! The cross is where our faith stands when all other faiths fail. Jesus Christ's sacrifice and subsequent resurrection are the true keystones of the Christian faith. Without one, there would be no salvation. Without the other, there would be no hope. This is why Good Friday and Easter Sunday are the most important dates on the church calendar...even more so than Christmas.

So from where does Lent come and how do we "do" Lent? Although its format has varied throughout the centuries, the basic concept remains the same: to open our hearts to God's refining grace through prayer, confession, fasting, almsgiving and abstinence as we anticipate Holy Week.

Lent officially begins with a reminder of our mortality, on Ash Wednesday. Lent is the season of reflection and preparation before the celebrations of Easter. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. Lent ends on Maundy Thursday in preparation for Good Friday, Holy Saturday and Easter Sunday, the components of the Easter Triduum.

Ways in which we choose to individually observe a Holy Lent are a matter of personal commitment. Keep in mind, the idea here is not to be overly scrupulous, or to deceive yourself into thinking you can "earn" heaven through your own goodness. The goal is to

honestly examine your life in light of God's word and to make a commitment to change in many areas where you have not submitted yourself and your willfulness to the Lord.

Lenten obligations are often done through acts of penance. The three traditional practices often taken up during Lent are: prayer (justice towards God), fasting (justice towards self) and almsgiving (justice toward our neighbors). Many believers add a regular spiritual discipline, to bring themselves closer to God, such as reading a daily Lenten meditative devotional.

Fasting is a practice that has largely gone by the wayside, yet, if done correctly, it can be a powerful way of renewing your relationship with God. Fasting is a way of denying ourselves the excesses of life so that we might be more attuned to the Lord's voice. It is a way of disciplining yourself so that when temptations arise, in life, you are already used to saying "no" to your desires. Fasting is also a way of participating, in a small way, in the sufferings of Christ and can be particularly powerful when accompanied by prayer and confession, formal, or otherwise.

Charity and almsgiving are two very important elements of the Lenten season. Becoming aware of not only the suffering and sacrifice of Christ, but also to the suffering of others is paramount to the nature of Christianity. You may choose a way to increase your giving to those in need such as extra financial offerings to a charity of your choice. You might choose to increase your personal time commitment to a ministry or cause close to your heart.

Abstinence, or self-denial from something usually anticipated, or enjoyed is another form of discipline that many choose to observe. It is a time-honored practice. Many "give up" habituations, addictedness and dependences. However, I wish to offer another suggestion...the assumption of a task, or the making of a personal obligation you may not ordinarily commit to doing. Look to your friends and neighbors for ways to accomplish this. Find ways of being of service to children, the elderly, the forgotten members of society. You may discover this to be a very rewarding way of discovering God's grace in the lives and faces of those less fortunate than yourself. You may even find yourself wishing to continue this practice well beyond the Lenten season.

Lent is a time when Christians separate themselves from the world. It is when we find out our faith is not just a feel good, self-help religion, but one that answers the deepest questions of life and eternity. Those who journey through the Lenten season will enter the Easter season with an increased appreciation for who God is and what He has done for us. And, the joy of Resurrection, as well as the promises of eternity, will not be soon forgotten. May we remember the gift of salvation in this, the holiest of seasons.

## News from The St. Clements Thrift Shop



The St. Clements Thrift Shop has been open since 2010. The shop is open to the public on Saturdays from 9 am to 12 pm. (new hours). We continue to sell a wide variety of gently used household goods, men's, women's and children's clothing, books, toys and other miscellaneous items. All proceeds go directly to support church ministries.

Thank you to all the volunteers who have continued to work a "shift" and those who have donated items to the Thrift Shop.

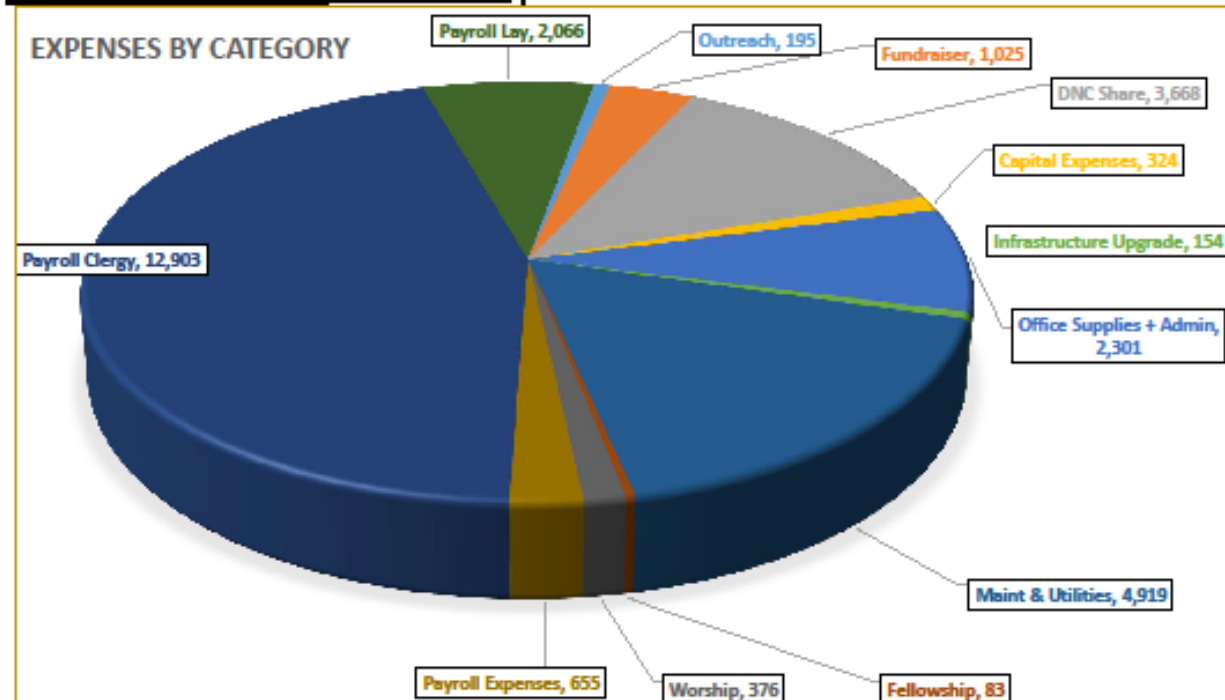
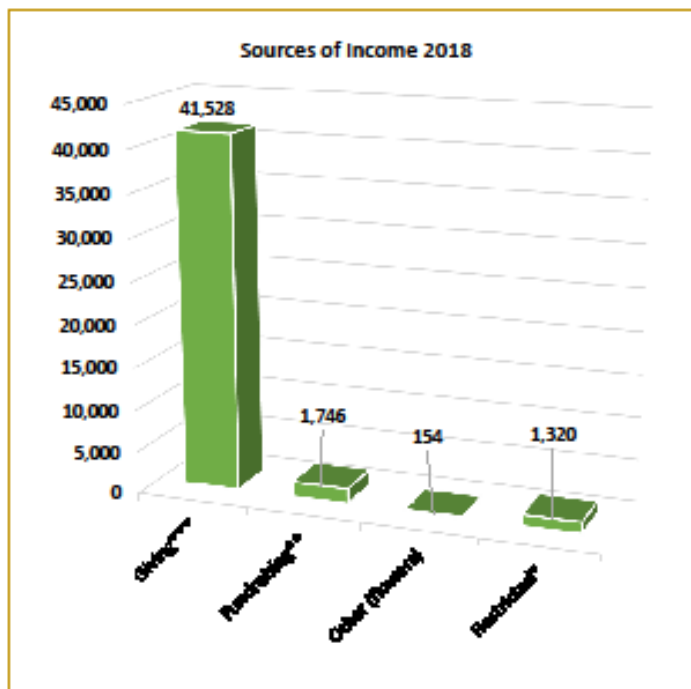
For the month of March 2019, we have selected items on sale "5 for a \$1".

Come by and take a look!

Be sure to tell all your friends and family!

### St. Clements Income Expense Report

St. Clements Financial Statement As of FEBRUARY 28th, 2019	
<b>INCOME</b>	<b>Total</b>
Giving***	41,528
Fundraising**	1,746
Other (flowers)	154
Restricted*	1,320
Transfer Summary	-23,500
<b>TOTAL INCOME</b>	<b>\$21,248</b>
<b>EXPENSES</b>	
Outreach	195
Fundraiser	1,025
DNC Share	3,668
Capital Expenses	324
Office Supplies + Admin	2,301
Infrastructure Upgrade	154
Maint & Utilities	4,919
Fellowship	83
Worship	376
Payroll Expenses	655
Payroll Clergy	12,903
Payroll Lay	2,066
<b>TOTAL EXPENSES</b>	<b>\$28,669</b>
<b>NET Income</b>	<b>-\$7,421</b>



\*\*\* Some pledges are paid annually, creating the disparity in gross income  
 \*Restricted-Memorials & Discretionary Funds  
 \*\*Fundraising-Rents&Paraklete Press

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Tariff Store 9:00-12:00
						2 Tariff Store 9:00-12:00
3 Holy Communion 8:00 and 10:00 am Confirm Class 12:00noon-1:00pm	4	5 Shrove Tuesday Pancake Supper 5:30-7:00pm	6 Ash Wednesday Services 12:00noon and 7:00 pm EFM 5:00-7:30 Lectioary Bible 7:00-8:00	7 Confirmation Class/Reaffirmation Class 7:00-8:00 pm	8	9 Daughter's of the King 9:00-11:00am Tariff Store 9:00-12:00
10 Holy Communion 8:00 and 10:00 am Confirm Class 12:00noon-1:00pm	11 Church Photos for Directory Various times	12	13 EFM 5:00-7:30 Lectioary Bible Study 7:00-8:00pm	14 Confirmation Class/Reaffirmation Class 7:00-8:00 pm	15	16 Tariff Store 9:00-12:00
17 Holy Communion 8:00 and 10:00 am Confirm Class 12:00noon-1:00pm	18 Dress-a-Girl 5:00-7:00 pm	19	20 EFM 5:00-7:30 Lectioary Bible Study 7:00-8:00pm	21 Confirmation Class/Reaffirmation Class 7:00-8:00 pm	22	23 Tariff Store 9:00-12:00
24 Holy Communion 8:00 and 10:00 am Confirm Class 12:00noon-1:00pm	25	26	27 EFM 5:00-7:30 Lectioary Bible Study 7:00-8:00pm	28 Confirmation Class/Reaffirmation Class 7:00-8:00 pm	29	30 Tariff Store 9:00-12:00
31 Holy Communion 8:00 and 10:00 am Confirm Class 12:00noon-1:00pm						

ST. CLEMENT'S EPISCOPAL CHURCH  
LAY SCHEDULE FOR MARCH 2019

	March 3	March 10	March 17	March 24	March 31
ALTAR GUILD	Debbi Honeycutt Len Honeycutt	Jennifer Yee	Stephen Souلمان Muriel Murray	Sharon B-Polana Linda Simmons	Debbi Honeycutt Len Honeycutt

USHERS	8:00 AM Randy Grimwood 10:00 AM Bill Murray	Randy Grimwood Kent Ransom	Randy Grimwood Pam Quarles	Randy Grimwood Bill Murray	Randy Grimwood Kent Ransom
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ACOLYTES	8:00 AM Chris Wash 10:00 AM Debbie Popp	Harry Shippy Emily Hyberg	Janelle Fallan Debbi Honeycutt	Harry Shippy Debbie Popp	Janelle Fallan Emily Hyberg
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LECTORS	8:00 AM Ken Dunham 10:00 AM Len Honeycutt	Janelle Fallan Pam Quarles	Chris Wash Chuck Maxson	Jim Wash Laura Simkins	Harry Shippy Muriel Murray
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INTERCESSORS	8:00 AM Jim Wash 10:00 AM Laura Simkins	Chris Wash Len Honeycutt	Ken Dunham Len Honeycutt	Janelle Fallan Len Honeycutt	Jim Wash Len Honeycutt
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E.M. (CHALICE)	8:00 AM Chris Wash 10:00 AM Debbi Honeycutt	Harry Shippy Len Honeycutt	Janelle Fallan Muriel Murray	Harry Shippy Sharon B-Polana	Janelle Fallan Debbie Popp
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COFFEE HOUR	8:00 AM Harry Shippy 10:00 AM Betty Chapman Debbi Honeycutt	Janelle Fallan Ken Dunham Debbie Popp Christine Bennetts	Chris & Jim Wash Victoria McKinney Elsie Webber	Randy Grimwood Zoe Mitchell La Benesh	Volunteer needed <b>Potluck Sunday</b>
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COUNTERS	Kent Ransom Stephen Souلمان	Harry Shippy Sharon B-Polana	Muriel Murray Guido Polana	Kent Ransom Stephen Souلمان	Harry Shippy Stephen Souلمان
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Media Ministry	10:00 Volunteer	Volunteer	Volunteer	Volunteer	Volunteer
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NOTE: If you cannot serve on the day scheduled please arrange to have someone else take your place.

Note: The acolyte at the 10:00 service serves as one of the chalice bearers



## 2018 Vestry

Senior Warden

Debbi Honeycutt 362-5170

Junior Warden

Gaylen Quarles, Jr. 889-6814

Zoe Mitchell 944-1757

Lavinia Benesh (707) 304-0758

Denise Smith 213-8739

Betty Chapman 363-4435

Ken Dunham 817-4245

Laura Simkins 944-3426

Lisa Barnetts (408) 781-6326

Treasurer:

Kent Ransom 635-5751

Sexton:

Randy Grimwood 458-8196

## Pastoral Needs

If you have a need for a pastoral visit, please contact: Fr. Kenn Katona at: 916-635-5282

### Clergy and Lay Eucharist Visits

Please call the church office (635-5282) or send an e-mail to the church at [info@saint-clements.com](mailto:info@saint-clements.com) if you would like communion brought to you or a family member.

### Harry Shippy, Editor

#### The Anchor

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St. Clement's Episcopal Church  
2376 Zinfandel Drive  
Rancho Cordova, CA 95670

Phone: (916) 635-5282 Fax: (916) 635-7259

**email:** [info@saint-clements.com](mailto:info@saint-clements.com)

**Web:** [www.saint-clements.com](http://www.saint-clements.com)

## Contacts

### Office Manager

Volunteer Staff

### Music Minister

Carole Maxson 209- 795-5768

### Sexton

Randy Grimwood 458-8196

### Altar Guild

Debbi Honeycutt 362-5170

### Anchor Editor

Harry Shippy 631-0640

e-mail [anchor@saint-clements.com](mailto:anchor@saint-clements.com)

### Daughters of the King

Sharon Burke-Polana 481-0225

### Lay Ministry Coordinator

Len Honeycutt 362-5170

### Lay Eucharistic Visitors

### Prayer Tree

Mickey Boughton 635-8324

### Sunday School

Muriel Murray 967-5981

Sharon Burke-Polana 481-0225

### Ushers

Randy Grimwood 458-8196

### Coffee Hour Hospitality

8:00am: Chris Wash 852-7224

### Kitchen Supplies

Chris Wash 852-7224

Harry Shippy 631-0640

Please email your news and photographs to [anchor@saint-clements.com](mailto:anchor@saint-clements.com). Deadline for articles is the 15th of the month. Articles are subject to editing.